

GIRLS INC NW OREGON

4 PILLARS OF ACTION

HEALTHY RELATIONSHIPS

The Story	Programming Solution	Delivery
<ul style="list-style-type: none"> 88% of girls have observed bullying (Center for Disease Control) 30% of girls have been bullied or report being bullies (Center for Disease Control) 83% say they have endured some form of sexual harassment including comments, teasing, touching, and rumors (American Academy of University Women) 	Allies in Action Curriculum	After-school program at schools
<ul style="list-style-type: none"> 75% of teenage girls felt “depressed, guilty and shameful” after spending just 3 minutes leafing through a fashion magazine (Dove Campaign for Real Beauty) A majority of 5 year olds would rather lose an arm than be fat (<i>Tipping the Scales of Justice</i> by Sandra Solovay) 	Allies in Action Curriculum: Media Literacy/Showcase	Annual Event showcasing the work of Girl’s Groups

HEALTHY BODIES

The Story	Programming Solution	Delivery
<ul style="list-style-type: none"> Oregon 8th graders are 76% more likely than the US national average to drink alcohol, and 8th grade girls drink more than 8th grade boys. (Oregon Healthy Teens Survey & Oregon Partnership) 	Friendly PEERsuasion Curriculum	After-school program at schools
<ul style="list-style-type: none"> The more physically active girls are, the greater their self-esteem and the more satisfied they are with their weight regardless of how much they weigh. 	Girls Take Off	Full day enrichment program exploring the outdoors
<ul style="list-style-type: none"> 70% of girls ages 15-17 avoid normal daily activities such as attending school, going to the doctor, or even giving an opinion “due to feeling bad about one’s looks” (Dove Campaign for Real Beauty) 	Allies in Action Curriculum: Media Literacy/Showcase	After-school program at schools

HEALTHY FUTURES

The Story	Programming Solution	Delivery
<ul style="list-style-type: none"> Only 15.7 % of Fortune 500 officers and 15.2 percent of directors were women (Girls Inc.) Over 15% of American youth fail to complete high school, and, even among the graduates, only about half ever attend a two- or four-year college (mentoring.org) 	Associates Mentoring Program	Community workplace mentoring program
<ul style="list-style-type: none"> 1 of 10 engineers is a woman (Census Bureau) The percentage of women who earned bachelor’s degrees in 2006 in computer and information sciences decreased from 29% in 1990 to 21% in 2006 (“Girls and Information Technology,” Girls Inc.) 	Operation SMART Curriculum	After-school program at schools
<ul style="list-style-type: none"> Approximately 1,342,000 households headed by girls and young women ages 15–24. (“Girls and Economic Literacy,” Girls Inc.) 33% of girls in grades 9–11 said they were “very interested” and 47% said they were “somewhat interested” in learning more about how to manage money. Only 4% said they were not at all interested. (“Girls and Economic Literacy,” Girls Inc.) 	Money Talks Program	Mother-Daughter workshops provided at schools, community centers, business sites or in the home of an advocate

HEALTHY FUN

The Story	Programming Solution	Delivery
<ul style="list-style-type: none"> Exposure to natural settings helped reduce the symptoms of attention deficit hyperactivity disorder in children. (APHA’s American Journal of Public Health) People who love the environment said they had great outdoor experiences as kids, (Richard Louv, <i>Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder</i>) 	Girls Take Off Program	Full day monthly enrichment program exploring the community and outdoors

